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## **Omaha Chosen: Groundbreaking Vocal Method based on Brain Science to be Introduced at SNJ Studio of Music**

*Neuro-Vocal Method Uses Brain Science to Teach Singing.*

CHICAGO, IL, OCTOBER 11, 2016: -- Singers are often artists; people exploring the landscape of their medium, looking for ways to grow and become better at what they do. But any singer will tell you, improving your singing isn't easy. It takes years of dedication and untold hours of practice and performance. That's because your brain knows very well how to sing. It begins singing in that practiced way even before one peep has come out of your mouth.

Can you teach your brain to sing differently so your body will, too? If your voice is weak or gets tired quickly, if your range is small, or if you've experienced vocal damage, it means that over the years your brain has learned to sing in a way that isn't very efficient. With a new way to teach singing for popular styles created by Chicago area voice teacher and coach Meredith Colby, it's possible to convince your brain to change its ways when it comes to singing. This new method is called Neuro-Vocal, and is the subject of Colby's book, [Money Notes: How to Sing High, Loud, Healthy, and Forever.](#)

"Most people think that singing is just an inborn talent, that you either have it or you don't," explains Colby. "But the truth is that, like any another artist, singers are always striving to have their artistic expression match their vision. A singer who wants to sing rock, for instance, isn't looking for the same kind of training as someone who wants to sing opera. I knew there had to be a way to make voice training for singers of popular styles more effective, and with faster and more predictable results. When I started to train brains instead of voices, I started getting the results I was looking for."

Voice teachers aren't usually trained in teaching technique for popular styles, yet that's often the training their students are looking for. When Omaha music school owner [Sharon North Jones](#) heard about Neuro-Vocal Method she wanted to add it to the training offered by her studio. She contacted Colby, offering to host a training seminar at her school.

"A lot of our students want to learn healthy pop technique. The teachers at SNJ Studios are always growing their expertise, so hosting this training seminar is an obvious fit," says Jones.

“Improper training for popular styles can lead to vocal damage, and we’re committed to giving our students the tools for healthy, life-long singing.”

The training seminar will take place Saturday, October 22, at the SNJ Music Studios, 5244 South 136th St., Omaha 68137. For more information or to register, contact SNJ Music Studios at (402) 933-1326 or [info@snjstudios.com](mailto:info@snjstudios.com).

For information about the seminar as well as about Neuro-Vocal Method Training, go to [www.MeredithColby.com](http://www.MeredithColby.com). Also, get free downloads of both a sample chapter of [Money Notes: How to Sing High, Loud, Healthy, and Forever](#), and the professional report [How to Make an Unforgettable Impression on Stage](#). Sign up for *Money Notes* Blog, bi-monthly support and guidance for freelance voice teachers and their students.

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#### **About the Author:**

Meredith Colby is the creator of Neuro-Vocal Method; a training technique using brain science for singers of popular styles. Since 1990 she has been teaching voice lessons to individuals and groups in the Chicago area, giving professionals the training they need to stay healthy on tour or make it through the run of the show, and helping avocational singers reach their goals. She spent over twenty years as a busy, professional singer singing with many Chicago society bands, on cruise ships and industrial gigs, in shows and recording studios, with the Nelson Riddle Orchestra and her own jazz trio.



#### **About the Book:**

*Money Notes: How to Sing High, Loud, Healthy, and Forever* (Wiselink Creative Publishing, 2017) is available September 1, 2016 on [www.Amazon.com](http://www.Amazon.com), [www.BarnesAndNoble.com](http://www.BarnesAndNoble.com), [www.MeredithColby.com](http://www.MeredithColby.com), and wherever e-books are sold.

#### **Review Copies and Media Interviews:**

For a review copy of *Money Notes: How to Sing High, Loud, Healthy, and Forever* or an interview with Meredith Colby, please contact press rep, Jacob Cohen, at [jacobcohenm@gmail.com](mailto:jacobcohenm@gmail.com) or 847-338-4813. When requesting a review copy, please provide street address.

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