

Meredith Colby presents:

Teaching Your Brain To Sing

How the ground-breaking new method, Neuro-Vocal, goes through the back door to organically improve your singing.

Your brain sings before your mouth does. And your brain already knows how to sing. It's been doing things the same way for a long, long time. So when you intend to sing, your brain initiates the "Sing" sequence; the same one it always uses. And it does that before you even open your mouth.

If your brain always does things the same way, then how are you supposed to change your singing? Or, how are you supposed to change your singing in a way that doesn't take forever?

The answer is to trick your brain.

Meredith Colby, author of ***Money Notes: How to Sing High, Loud, Healthy, and Forever*** explains how. The method explained in her book, Neuro-Vocal Method, trains the voice to behave efficiently by exploiting the way your brain both sets up, and responds to, the way you make sound.

In this lecture and workshop, Meredith will introduce Neuro-Vocal Method in a way that will allow any singer, or voice teacher, to immediately begin applying its principles. Then watch what happens! As the principles are applied, the brain begins to change, and the voice follows suit.

You'll learn:

- How your brain is controlling your voice, and how to make it change it's

ways to set your high notes free.

- Why it's so hard to find a voice teacher who'll teach you to sing high and loud.
- How your voice works naturally, and how to harness that power.
- Tricks and tools that will help you achieve your goals.
- How to get over that frustrating "break" in your voice.

To find out just how this works, join us *AT AREA MUSIC SCHOOL*. For more information, go to www.MeredithColby.com.

An engaging speaker and an expert in her field, Meredith leaves her audiences both informed and empowered.

"It was crazy working with Meredith! In ten minutes she helped me fix something that was literally bugging me for years! It was like magic! Also, she's funny and nice, which helps you not feel self-conscious".

Jimmy T., Chicago, IL

This 30-minute talk can be expanded with some hands-on work with audience members to a 60-minute event. Meredith Colby is available to speak in the greater Chicago area. Travel time of more than an hour will incur travel expenses. Responses to inquiry will include event specifications.

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