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## Book Launch for North Shore Native Meredith Colby

September 23, 2016 @ 7:00 pm - 9:00 pm | Free

Singers are often artists; people exploring the landscape of their medium, looking for ways to grow and become better at what they do. But any singer will tell you, improving your singing isn't easy. It takes years of dedication and untold hours of practice and performance. That's because your brain knows how to sing, and begins to sing in the way it already knows, even before one peep has come out of your mouth.

Can you teach your brain to sing differently so your body will, too? Money Notes: How to Sing High, Loud, Healthy, and Forever, will help you do that! If your voice is weak or gets tired quickly, if your range isn't as big as you want it to be, or if you've experienced vocal damage, it means that over the years your brain has learned to sing in a way that isn't the most healthy and efficient way possible. Now, with Neuro-Vocal, a new voice teaching method created by Chicago area voice teacher and coach Meredith Colby, it's possible to convince your brain to change its ways when it comes to singing.

"Most people think that singing is just an inborn talent, that you either have it or you don't," explains Colby. "But the truth is that, like any other artist, singers are always striving to have their artistic expression match their vision. It can be a real struggle for singers to get their voices to be reliable. A voice that isn't representing a singer accurately can have a profound effect on him or her. I knew there had to be a way to make voice training for singers of popular styles more effective; I needed to get them faster and more predictable results. When I started to train their brains instead of their voices, I started getting the results I was looking for."

Meredith Colby has over twenty-five years of experience teaching singers of popular styles. A busy freelance singer herself for over twenty years, Colby knows what it means to be a working singer who relies on good vocal technique and health. Her love of teaching combined with her interest in neurology to inspire a two decade experiment, with her students as the subjects. The result was a method of teaching the voice by training brain; she calls it Neuro-Vocal Method.

If you'd like to receive our bi-monthly support and guidance for freelance voice teachers and their students please go to [www.MeredithColby.com](http://www.MeredithColby.com) for more information. Also, get free downloads of both a sample chapter of Money Notes: How to Sing High, Loud, Healthy, and Forever, and the professional report How to Make an Unforgettable Impression on Stage.

A book launch party for Money Notes: How to Sing High, Loud, Healthy, and Forever will be on Friday, September 23 from 7:00-9:00 p.m. at the Trax Tavern, 833 Deerfield Road, Deerfield, IL 60015. Come and help celebrate the launch of the book and witness some demonstrations from Money Notes! Be one of the first to have a copy of Meredith's book; copies purchased at the launch party will be 40% off the retail price and can be autographed by the author. Please RSVP at [MoneyNotesBook@gmail.com](mailto:MoneyNotesBook@gmail.com).